

FRESH UPDATES

Week 5- January 24



GOOD BUYS

- Kiwi
- Carrots
- Mangoes
- Lettuce
- Oranges
- Potatoes

Apples & Pears

Apples - All varieties of local Ontario and Washington Apples are available. Quality is great!

Pears - We are receiving a steady supply of Bartlett, Anjou & Bosc Pears out of Washington.

Kiwi

We have good supply of green and Top Gold Kiwi from Italy! Green Kiwi from Greece in also available.

Papaya

We are bringing in Papaya from Mexico as needed!

Pineapples

All Pineapple supply is tight. Larger fruit (size 5/6) as well as 7s, 8s and organics are hard to source. This is expected to continue for the next little while.

Avocados

The Mexican growers are holding pricing very high. Mexico will export 5,500 loads of avocados for the Super bowl! Bags are still the best buy for next week.

Bananas & Plantains

All premium 40lb Banana and 50lb Plantain are tight. We have a good number of conventional 13x3lb bags and Fairtrade Organic 40lb. Organics are in better shape than the past few weeks!

Mangoes

Red Mangoes are available! Ataulfo from Mexico are very tight- we expect our next arrival to be late next week. We also have 5kg ripe Peruvian Kents with excellent quality!

Watermelon

There has now been a surplus of mini melons as the fields that were delayed due to early season weather conditions have come on. Great pricing with fair quality.



Melons

Due to cold weather in Guatemala and Honduras, offshore yields are very low, especially on Honeydews & Cantaloupe. There are lots of cheap specialty melons from Brazil but quality is not the best.

Grapes

Green Grapes- Steady arrivals of green seedless are hitting the East coast and overall quality looks great. Ivory, Sweet Globes and premium Peruvian Autumn Crisp will be available over the next week. Market pricing will continue to drop next week- varieties will include Sweet Globes & Autumn Crisp.

Black Grapes- There will be some Peruvian Sweet Favors and Midnight Beauties available starting this weekend.

Red Grapes- There will be little to no movement on cost for next week. Volume on Red Grapes has come down, this will continue into February. We will be shipping Jack Salute's and Allison's next week.

Strawberries

Florida is having issues with production as cold temperatures are stopping growth, while Mexico is seeing larger volumes come out but at poorer quality. This is resulting in varying quality and price points depending on region.

Raspberries

We are seeing fair supply and quality from Mexico with slightly elevated pricing due to exchange and logistic prices.

Clementines/ Easy Peelers

We are into US Tangos from Sunkist and will be starting with W.Murcotts in the coming weeks- fruit looks excellent and is affordable. We'll have good supplies of Moroccan Nadorcotts for Tuesday-promo pricing available, see your Sales Rep! Fresh Sumos are arriving weekly. Florida Orris, Juicy Crunch and California Minneolas are in stock. Israeli Orris by air will begin in a couple of weeks!

Grapefruit

Fresh Israeli arrivals are in and look very nice- both Grapefruit and Sweeties! Florida fruit is still arriving weekly.

Stone Fruit

Peaches and Plums have started arriving from Chile. We will have 10x2lb Nectarines and Peaches available this week, with more volume and trays expected at the end of next week.

Blueberries

We are getting fruit from Peru, Chile and Argentina. Florida has also started up with small volumes.



Oranges

California navels are in good supply. Look for pricing on smaller sizes to go up. Volumes are good on Cara Cara and Blood Oranges, both bulk & bags. Florida Juice Oranges are getting ready to switch to Valencias- prices will be higher on these.

Lemons

US Lemon market is at rock bottom, but quality is still excellent. See your Sales Rep for promo opportunities for both retail and foodservice.

Limes

This market is experiencing strong pricing and quality is just fair. Expect this to continue through February. Sweet Limes are arriving weekly, but we recommend staying ahead with your Sales Rep.

Pomegranates

We have new arrivals of size 5-10 Pomegranates from Turkey. Great quality and taste!

Blackberries

Good supply, quality and price. Try our Wish label Blackberries with an average 10-13 ct!



Hot House Peppers

We are starting to see relief in the market as Mexico begins to hit its stride with production. Availability is still stable out of Spain. Expect pricing to start to come down more in the next month.

Peppers

Florida is running at full production capacity. Quality is nice and price is good. This is a good time to promote!

Cauliflower

The US market is getting active, price is on the rise. Fresh arrival of 9s T&A and 12s T&A & PamPak are available.

Broccoli

The US market is getting active. Andy Boy product from Mexico is being packed. Shortcut Broccoli crowns are also available.

Asparagus

This market is coming off due to increased supply out of Mexico. Expecting new arrivals over the weekend.

Celery

The US market is steady. Fresh load of Snoboy is arriving this weekend, quality expected to be great.

Cucumbers

Field - Supply out of Mexico is steady. Price continues to increase due to cold weather in the growing region.

Hot House - Due to expanded Cucumber crops this year, the gapping period hasn't affected volumes like in previous years. Pricing will stay low going into February.

Zucchini

This market is very active due to extremely limited supply. Expect price to steadily increase over the next 10 days.

Eggplant

This market is experiencing the same issues as Zucchini. We hope to see improvement within the next couple of weeks.

Squash

The Squash market is very active. Short supply is causing prices to go up. This will continue until the end of the month.

Napa Cabbage

We are currently bringing in Napa Cabbage from the US! Ask your Sales Rep for details.

Mixed Greens

We are bringing in Little Bear product out of Texas. This includes cilantro, dill, parsley, methleaf, kale, radish and more. Quality is excellent!

Beans

We have transitioned to product from Mexico. Cold weather is affecting supply and thus prices have increased.

Hot House Tomatoes

We've started to see relief with cluster markets now that volume has levelled out. Beefsteaks are slowly following in suit.

Tomatoes

Florida is pushing out regular volumes of new crop after the hurricanes. Quality is good and price is cheap- this is a great time to promote!



Lettuce

The US market is steady. Andy Boy, T&A and Nature's Reward will be available at a good price.

Salads

Prices are now all back to normal, with the exception of shredded cabbage. Romaine-based products are still showing some signs of quality concerns. We have fully transitioned to Arizona product.

Okra

Excellent quality of Indian Okra & Baby Okra arrives as needed. Please book in advance!

Ginger

We have fresh Chinese Ginger, as well as great quality Organic product from Peru available!

Loose Garlic

Fresh load of Chinese Garlic is in stock. Argentina purple Garlic is available with excellent quality! Ask your Sales Rep for details.

Mushrooms

This market remains steady, with great pricing and quality. Local varieties include traditional white, brown, Portabella, Oyster & Shiitake. Local Lionsmane, Yellow Oyster, Pioppini and King Oyster are available for pre-order.

Carrots

We currently have good supply of local Carrots with great quality! Price has slightly increased due to an active US market and a relatively small crop this year.

Corn

Fresh loads of yellow and bi colour Corn are arriving regularly from Florida!

Beets

We have local Beets in all colours available- red, gold and stripe! Good price currently on 25lb bulk red Beets, inquire with your Sales Rep.

Onions

US Spanish Onions are moving well, and prices are holding steady. Size and quality are good. Local yellow and red Onions are available from both Ontario and Quebec, however we continue to feel pressure on red Onion availability. We are also carrying Peruvian Sweet Onions.

Potatoes

Local Potatoes in all colours and sizes are available, as well as PEI new crop baking Potatoes. Washington Potato prices are high but quality is excellent. We also have USA orange and oriental Sweet Potatoes in stock with great quality.

Sweet
&
crisp!

envy™ 

Celebrate Lunar New Year with the ultimate apple experience- Envy apples! Taste, crunch, aroma and appearance; it has it all. Enjoy this special apple variety on its own or use in your favourite recipes!

Happy
Lunar
New Year!