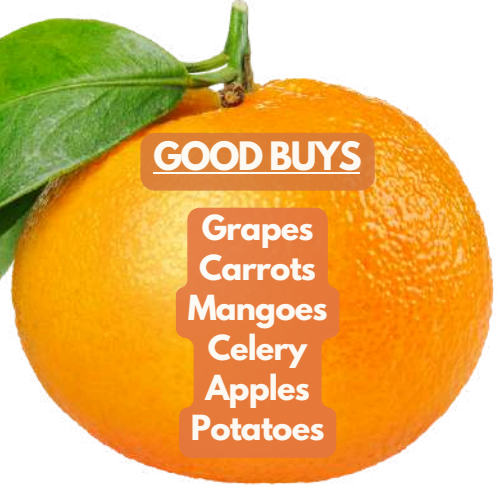


FRESH UPDATES

Week 51- December 13



GOOD BUYS

- Grapes
- Carrots
- Mangoes
- Celery
- Apples
- Potatoes

Apples & Pears

Apples - All varieties of local Ontario and Washington Apples are available and look great!

Pears - We are receiving a steady supply of Bartlett, Anjou & Bosc Pears out of Washington.

Watermelon

Rain and cold weather in Mexico has caused supplies to be non-existent and the usual offshore supply is not enough to compensate. Expect availability to be tight until after Christmas.

Melons

Due to cold weather in Guatemala and Honduras, offshore yields are very low, especially on Honeydews. There are lots of cheap specialty melons from Brazil but quality is not the best.

Avocados

Due to lack of rain in the growing areas this past summer, as well as high temperatures and insect issues, the Jalisco crops are down 25-30%. Pricing is rapidly increasing as demand exceeds supply. Small sizes are less affected for now.

Bananas & Plantains

Both items are experiencing supply issues due to weather in harvesting regions, and price is increasing. Organic fruits are more heavily impacted. This is expected to continue at least until the end of December.

Kiwi

We have good supply of green and Top Gold Kiwi from Italy!



Papaya

We are bringing in Papaya from Mexico as needed!

Mangoes

Red Mangoes are in good supply. Ataulfo supply is limited due to vessel delays. Kents from Peru (ripe/air-flown) are on promotion-quality is excellent!

Pineapples

Supply is tight, especially on larger fruit (size 5/6). Most of the volume is on size 7s & 8s. This situation will continue for the next couple of weeks. We have good supply on organic fruit!

Grapes

Green Grapes- The Peruvian market is very active. Volumes out of Peru & Brazil are not enough to supply current needs- expect this to continue for much of December. Supply and brix levels should improve in the new year. Next week will feature Jumbo Sweet Globes and Arra 15's.

Black Grapes- We are currently carrying Autumn Royals until Peruvian Midnight Beauties are available to ship.

Red Grapes- We are receiving new crop Allison's and Jack Salute's from Peru- quality and size are good!

Strawberries

Limited supplies have started from Mexico. Florida berries have started in small quantities- quality will be unpredictable as there has been wet weather throughout the region.

Blackberries

This market is fluctuating a lot between steady and tight supply as forecasting has not been accurate throughout the year. We are bringing in fruit from Mexico.

Blueberries

We are seeing fruit from Peru, Chile and Argentina. Florida will begin at the end of December. Blues should be a promotable item through Christmas and into the new year.

Clementines/ Easy Peelers

We have a steady run on Moroccan clementines for now- promo opportunities available. We will transition to Nadorcotts just after Christmas. US fruit will pick up again when W.Murcotts start. A load of Australian Murcotts will hit early next week. NEW to Gambles- we will have Sumo Mandarins that are expected to arrive next week!

Grapefruit

We have a decent supply of Florida fruit. Promo opportunities on small fruit size 48/56. 32s remain in tight supply. Israeli fruit expected to hit by the end of next week!

Pomegranates

New crop Pomegranates from Turkey have arrived, size 8s and 10s. Volume is good and product is very promotable!

Raspberries

This market is experiencing the same issues as Blackberries. It is currently very unpredictable.

Hot House Peppers

Due to the issues with field production, hot house commodities remain tight and prices have increased. We have a steady supply of Spanish peppers by air. There are some opportunities with smaller sized packaged peppers as fields in Ontario are ending.

Oranges

California shippers are still struggling to get size. Promos on 88s and smaller, as well as our bags. Cara Cara will start this week with a few 48s and mostly 56s, as well as 3lb bags. We are looking at a week 50 start for Blood Oranges. Florida Oranges are also available.



Lemons

US market is still producing lots of high quality fruit, especially on 115s and 140s. 75 fancy have been in decent supply- stay ahead on orders. We have seedless Lemons available, as well as 1lb Meyers!

Limes

Lots of big sizes available, while smaller sizes are tight as indicated in pricing. Sweet Limes have been moving well, specifically Mammoth size.



**ORGANIC
ITEMS!**

**Avocados
Ginger
Pineapples
Mushrooms
Bananas**

LOCALLY GROWN

- Mushrooms
- Onions
- Apples
- Beets
- Potatoes
- Carrots

Peppers

Supply is low due to cold weather in Florida, and price is increasing. We are currently using Mexico product to bring pricing down and will switch back once Florida supply gets better, hopefully in the new year.

Cauliflower

The US market remains tight with high prices due to short supply. Limited amount of 12s will be available.

Broccoli

The US market is coming off. Andy Boy product from Mexico is being packed. Nature's Reward product is available at a competitive price. Mexican Shortcut Broccoli crowns are also in stock.

Asparagus

This market is active due to short supply from Mexico. Fresh load of 11lb large size will arrive over the weekend.

Cucumbers

Field - Supply out of Mexico is ok, price is very cheap at the moment because of recent recalls.

Hot House - Supply is steady at the moment but price is increasing. Expect this market to start to tighten up as we approach the new year.

Zucchini

This market has started to come down due to weather getting warmer in Mexico. Good time to promote!

Eggplant

We are currently bringing in Mexican product. Supply is good, price is extremely cheap and quality is nice. This is a good time to promote!

Squash

Mexico season has just started and supply is starting to pick up. Great prices on small sizes, good time to promote.

Napa Cabbage

We are currently bringing in Napa Cabbage from the US! Ask your Sales Rep for details.

Mixed Greens

We have transitioned to Little Bear product out of Texas. This includes cilantro, dill, parsley, methileaf, kale, radish and more. Quality is excellent!

Hot House Tomatoes

Supply is fair and price has come down as large supplies out of Mexico and Ohio are available.

Tomatoes

We are bringing in product from both Mexico and Florida. Quality is fair at the moment. Supply from Florida is expected to increase later this month!



Lettuce

The US market is steady. Andy Boy, Snoboy & Nature's Reward will be available at a good price.

Salads

Prices are now all back to normal, with the exception of shredded cabbage. Romaine-based products are still showing some signs of quality concerns. We have fully transitioned to Arizona product.

Celery

The US market is getting active. Fresh loads of Snoboy are arriving consistently with great quality.

Beans

We have transitioned to product from Mexico. Market has started to come down, price should continue to decrease.

Ginger

We have fresh Chinese Ginger, as well as great quality Organic product from Peru available!

Loose Garlic

Fresh load of Chinese Garlic is in stock. We also have Spanish purple Garlic available with excellent quality!

Mushrooms

This market remains steady, with great pricing and quality. Local varieties include traditional white, brown, Portabella, Oyster & Shiitake. Local Lionsmane, Yellow Oyster, Pioppini and King Oyster are available for pre-order.

Carrots

We currently have good supply of local Carrots with great quality! Price is on the rise due to an active US market and a relatively small crop this year.

Okra

Excellent quality of Indian Okra arrives as needed. Please book in advance!

Beets

We have local Beets in all colours available- red, gold and stripe! Good price currently on 25lb bulk red Beets, inquire with your Sales Rep.

Onions

US Spanish Onions are moving well, and prices are holding steady. Size and quality is good. Local yellow and red Onions are available from both Ontario and Quebec, however we are feeling pressure on red Onion availability. We are also carrying Peruvian Sweet Onions.

Potatoes

Local Potatoes in all colours and sizes are available, as well as PEI new crop baking Potatoes. Washington Potato prices are high but quality is excellent. We also have USA orange and oriental Sweet Potatoes in stock with great quality.



Ocean Spray cranberries have arrived for the holidays! These crisp, tart red gems are the perfect addition to baked goods and sauces, and can even be used for holiday decor! Ocean Spray remains a trusted grower of quality cranberries year after year!

