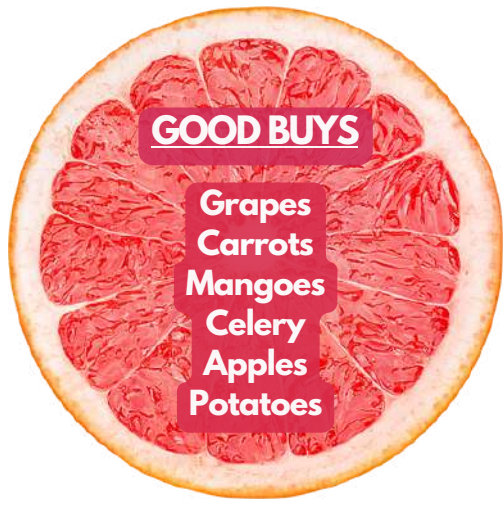


FRESH UPDATES

Week 50- December 6



Apples & Pears

Apples - All varieties of local Ontario and Washington Apples are available and look great!

Pears - We are receiving a steady supply of Bartlett, Anjou & Bosc Pears out of Washington.

Mangoes

Red Mangoes are in good supply. Quality concerns with Peruvian Ataulfos will result in many vendors switching to Mexico soon. Ripe, air-flown Peruvian Kent are on promotion and quality is excellent!

Pineapples

Supply is great! Conventional 7s are now back in stock. We will have more 8s available next week. Due to weather issues, organic quality isn't the best at the moment.

Avocados

Size 32 and 36 will be very short next week. Sizes 48 and up continue to go up in price. Bags are promotable for December.

Bananas & Plantains

We currently have all Bananas in stock! Weather in Honduras is expected to tighten up supply until the end of the year. We offer both green & ripe options for Plantain, and now have ripening services for 50lb Plantain.

Kiwi

We have good supply of green and Top Gold Kiwi from Italy!



Papaya

We have excellent quality Papaya coming in from Brazil as needed!

Watermelon

Rain and cold weather in Mexico has caused Watermelon supplies to be non-existent and the usual offshore supply is not enough to compensate. Expect availability to be tight until after Christmas.

Melons

Due to cold weather in Guatemala and Honduras, yields from offshore have been very low, especially on Honeydews. There are lots of cheap specialty melons from Brazil but quality is not the best.

Grapes

Green Grapes- California has finished up. Price has increased due to high demand and not enough supply. This will continue for much of December. We are bringing in fruit from Peru and Brazil. January looks better in terms of price and brix levels.

Black Grapes- We are currently carrying Autumn Royals until Peruvian Midnight Beauties are available to ship.

Red Grapes- We are receiving new crop Allison's from Peru- quality and size are good! We are also looking in to loading Crimsons and Jack Salutes.

Strawberries

Limited supplies have started from Mexico. Florida berries have started in small quantities- quality will be unpredictable as there has been wet weather throughout the region.



Raspberries

This market is experiencing the same issues as Blackberries. It is currently very unpredictable.

Clementines/ Easy Peelers

We have a steady run on Moroccan clementines for now- promo opportunities available. We will transition to Nadorcotts just after Christmas. US fruit will pick up again when W.Murcotts start. A load of Australian Murcotts will hit early next week. NEW to Gambles- we will have Sumo Mardarins for about week 50/51!

Grapefruit

We have a decent supply of Florida fruit. Promo opportunities on small fruit 48/56. 32s remain in tight supply. Israeli fruit expected to hit by the end of next week!

Pomegranates

New crop Pomegranates from Turkey have arrived, size 8s and 10s. Volume is good and product is very promotable!

Blackberries

This market is fluctuating a lot between steady and tight supply as forecasting has not been accurate throughout the year. We are bringing in fruit from Mexico.

Blueberries

Peru is in full swing and we are also seeing some fruit from Chile and Argentina. Florida season will begin at the end of December. Blues should be a promotable item through Christmas and into the new year.

Oranges

California shippers are still struggling to get size. Promos on 88s and smaller, as well as our bags. Cara Cara will start this week with a few 48s and mostly 56s, as well as 3lb bags. We are looking at a week 50 start for Blood Oranges. Florida Oranges are also available.

Lemons

US market is still producing lots of high quality fruit, especially on 115s and 140s. 75 fancy have been in decent supply- stay ahead on orders. We have seedless Lemons available, as well as 1lb Meyers!

Limes

Lots of big sizes available, while smaller sizes are tight as indicated in pricing. Sweet Limes have been moving well, especially the Mammoth size.

Hot House Peppers

Due to the issues with field production, hot house commodities remain tight and prices have increased. We have a steady supply of Spanish peppers by air. There are some opportunities with smaller sized packaged peppers as fields in Ontario are ending.



LOCALLY GROWN

- Mushrooms
- Onions
- Apples
- Beets
- Potatoes
- Carrots

Peppers

Supply is low due to cold weather in Florida, and price is increasing. We are currently using Mexico product to bring pricing down and will switch back once Florida supply gets better.

Cauliflower

The US market is very tight due to short supply from quality concerns. Limited amount of 12s will be available at a high cost.

Broccoli

The US market will remain active. Andy Boy product from Mexico has started to be packed. Nature's Reward product is available at a competitive price. Mexican Shortcut Broccoli crowns are also in stock.

Asparagus

This market is active due to short supply from Mexico. Fresh load of 11lb large size will arrive over the weekend- expect price to be higher.

Cucumbers

Field - Supply out of Mexico is ok, price is very cheap at the moment.

Hot House - Supply is steady at the moment but price is increasing. Expect this market to start to tighten up as we approach the new year.

Zucchini

Market has started to come down due to weather getting warmer in Mexico. Good time to promote!

Eggplant

We are currently bringing in Mexican product. Supply is good, price is very reasonable. Quality is nice and this is a good time to promote!

Squash

Mexico season has just started, supply is still on the lighter side but price remains reasonable.

Napa Cabbage

We are currently bringing in Napa Cabbage from the US! Ask your Sales Rep for details.

Mixed Greens

We have transitioned to Little Bear product out of Texas. This includes cilantro, dill, parsley, methleaf, kale, radish and more. Quality is excellent!

Hot House Tomatoes

Supply is fair and price has come down as large supplies out of Mexico and Ohio are available.

Tomatoes

We are bringing in product from both Mexico and Florida. Supply from Florida is expected to increase later this month.



Lettuce

The US market is getting soft. Andy Boy, Dole & Nature's Reward will be available at a better price. Ask your Sales Rep about promotional pricing on Mexican iceberg!

Salads

We are getting all product from Arizona. Supply is returning to normal. Price of Romaine based items are coming down and we expect another adjustment next week, however quality concerns are still an issue at the moment.

Celery

The US market is steady. Fresh loads of Snoboy arriving consistently with great quality. Good time to promote!

Beans

We have transitioned to product from Mexico. Market has started to come down after US Thanksgiving, price should keep coming down.

Ginger

Fresh load of Chinese Ginger is available as well as great quality Organic product from Peru!

Loose Garlic

Fresh load of Chinese Garlic is available. Spanish purple Garlic has arrived, and quality is excellent!

Mushrooms

This market remains steady, with great pricing and quality. Local varieties include traditional white, brown, Portabella, Oyster & Shiitake. Local Lionsmane, Yellow Oyster, Pioppini and King Oyster are available for pre-order.

Carrots

We continue to have a good supply of local Carrots with great quality! Price is on the rise due to an active US market.

Okra

Excellent quality of Indian Okra arrives as needed. Please book in advance!

Corn

Florida market has gone up slightly due to quality issues. Fresh load of bi-colour & yellow Corn will be in over the weekend!

Beets

We have local Beets in all colours available- red, gold and stripe! Good price currently on 25lb bulk red Beets, inquire with your Sales Rep.

Onions

US Spanish Onions are moving well, and prices are holding steady. Size and quality is good. Local yellow and red Onions are available from both Ontario and Quebec, however we are feeling pressure on red Onion availability. We are also carrying Peruvian Sweet Onions.

Potatoes

Local Potatoes in all colours and sizes are available, as well as PEI new crop baking Potatoes. Washington Potato prices are high but quality is excellent. We also have USA Sweet Potatoes in stock with great quality.



Go
fresh.

Season, enhance, or garnish...Go Fresh herbs are beautifully fragrant and flavourful, and can be used in just about every way. Offered in cut-case packs, they are a no-touch and easy-to-execute solution that can be conveniently displayed!



GAMBLES 

For more information or to place an order, please contact your Gambles Sales Rep.
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