

# FRESH UPDATES

Week 42- October 11



## Apples & Pears

**Apples** - All varieties of local Ontario and Washington Apples are available and look great!

**Pears** - We are receiving a steady supply of Bartlett and Bosc Pears out of Washington.

## Mangoes

This market is still very tight. Port delays have caused major issues and fruit is scarce. We may be able to see some slow supply of Tommy Atkins and Keitts mid-week. Ataulfo supply is short.

## Watermelon

Bin season has finished up. Cartons should be available shortly as well as Mini Watermelons. These have all been delayed due to the Hurricanes down south.

## Avocados

Large sizes will be short for next week. Size 48s, 60s, 14/15, and 14/6 are all promotable. Ask your Sales Rep about our Ripe & Ready program!

## Bananas & Plantains

Supply is steady, no major changes happening. We have all products available, and quality is excellent this time of year! We now offer ripening services for both 20lb and 50lb Plantain!

## Kiwi

We continue to carry Chilean green Kiwi and Zespri green & sungold. Inquire with your Sales Rep about details.

## Pineapples

Supply continues to improve! Conventional size 7s are still short, but availability of all other sizes is good. Organic quality is great, and supply is good for 6/7/8 sizes.



## Papaya

New commodity alert! We have excellent quality Papaya in from Brazil.

## Melons

We are nearing the end of the California season. We will soon transition down into Arizona before then starting our offshore season.

## Grapes

**Green Grapes-** Stella Bella variety is finished for the season. Autumn Kings will be available for the next few weeks.

**Black Grapes-** We are receiving Adora variety this week and will also have Autumn Royals available next week!

**Red Grapes-** Lucky Dragon Label Globes are sizing up with excellent flavour and colour. Scarlet Royals, Sparkle, Allisons and Holiday's from California will be available next week.

**Sweet Baby Sweets/Dolls-** 21lb bulk greens are finished for the season. 16x11b clamshells will be available for next week only.

## Blueberries

We will continue to see limited supply through October due to port delays and late planting in Peru and Mexico. Expect very little availability outside of Argentina until November.

## Strawberries

This market has started to transition down the coast of California with small sizing and fair quality. Price may vary as demand will likely increase with the lack of Blueberries available.

## Blackberries

This market is in the same position as Raspberries- supply is improving but quality is fair.

## Clementines/ Easy Peelers

We will continue to have a variety of fruit from different COO's such as Chilean Tangos & W.Murcotts and South African Queens (large sizes), Orris, Nadorcotts & Tango. US Clementines will be early but won't be as good as offshore fruit to start off. Moroccan fruit is ready to ship and pricing will be competitive, but we will avoid the early ones until quality improves and gassing decreases.

## Grapefruit

We are almost done on South Africa and Mexico. Florida will start up soon!

## Stonefruit

Autumn Ripe Peaches (2lyr tray) and Red Fall Fiesta Plums from California will be available next week. Black Plums have finished up, but new crop Angelino Plums from Italy will arrive end of next week, available in both 10x1kg and bulk cases.



## Oranges

We will continue with South African fruit for as long as we can, but delays with shipping will cause even more shortages. US fruit will be early this year with a possible start of next week, however crop is very small, peaking on 113/138 and then 88. We will start with the Fukomoto variety- price will likely be high. Juice Oranges are also just around the corner out of Florida. Early ones will be pale and will most likely be on the pricier side.

## Lemons

We are coming to a close on the South African & Mexico deals with our final arrivals in house now. Our first load of US fruit has arrived, and quality looks good!

## Pomegranate

We are currently bringing in fruit from the USA.

## Raspberries

Supply has improved, and quality is currently fair. We are getting berries out of California as well as Mexico.





## LOCALLY GROWN

- **Mushrooms**
- **Squash**
- **Apples**
- **Pumpkins**
- **Potatoes**
- **Carrots**

### Limes

Mexican fruit quality is still not fully back to normal. We will have a new load arriving later this coming week with all sizes available.

### Hot House Peppers

This market has come off. Price is fair but still higher than field Peppers. Good time to push.

### Peppers

Local Peppers have finished up. We've fully transitioned to US product. Price will increase significantly as a result of severe weather in the southern US. Quality will be fair at best.

### Cauliflower

The US market is steady. Fresh loads of 12s and 9s T&A expected in over the weekend.

### Broccoli

The US market is coming off. We have a fresh arrival of Andy Boy bunches as well as local Ontario & US crowns.

### Cucumbers

**Field** - We have fully switched to US product. Market is currently stable.

**Hot House** - As farms are between crops, availability has become scarce and price has increased significantly. This will continue for the next little while.

### Zucchini

Local Zucchini is finishing up this weekend- we'll transition to Mexico next week. Due to weather, expect price to be higher than normal.

### Eggplant

Local has officially finished. We are now bringing in product from both the US and Mexico. Price will be a bit higher to start off this season.

### Squash

Local Squash is stable- will be about another few weeks of this! Bins are available until the end of this weekend. Afterwards, we will just be bringing in cartons.



### Pumpkin

We have lots of different varieties of local Pumpkins available! Please inquire with your Sales Rep for further details.

### Hot House Tomatoes

Supply is good and quality is fair. These late-stage crops don't have a long shelf life so pricing is low, but could increase as we move through October.

### Tomatoes

The California season has finished up and we have transitioned to Quincy. Price is high due to severe flooding in Florida, and quality is fair. Local Tomatoes have finished for the season.

### Lettuce

US market is steady. Local product will be finishing up soon. We have fresh arrivals of Snoboy.

### Mixed Greens

We have local product available including cilantro, dill, parsley, methleaf, kale, radish and more. Talk to your Sales Rep!

### Celery

This market remains steady. We will have a fresh load of 24s Snoboy arriving this weekend.

### Nappa

Local Nappa is in stock! Quality and pricing are great. This is a good time to push.

### Asparagus

This market is getting active. We continue to carry 11lb LG Progressive available out of Mexico.

## Beans

Local has finished, we will have product from Mexico available next week. Price will be significantly higher than local.

## Ginger

Supply has improved. Fresh load of Chinese Ginger is available as well as great quality Organic product from Peru!

## Loose Garlic

Great quality of Egyptian product is currently in stock. Spanish purple Garlic will be available soon- stay tuned!

## Mushrooms

This market is steady, with favourable pricing and great quality. Local varieties include traditional white, brown, Portabella, Oyster & Shiitake. Local Lionsmane, Yellow Oyster, Pioppini and King Oyster are available for pre-order.

## Carrots

We have plenty of supply of local Carrots. Quality is great and price is steady. A perfect addition to Thanksgiving dinner!

## Okra

No major changes in this market. Excellent quality of Indian Okra arrives as needed. Please book in advance!

## Corn

Local Corn has finished up for the season. We are now carrying US product.

## Beets

We currently have Mexican bulk beets and Ontario packaged beets. Local Gold and Stripe Beets are also available.

## Onions

New crop US Spanish Onions are moving well, and prices are holding steady. New crop local yellow and red Onions are available from both Ontario and Quebec. We have transitioned to Peruvian Sweet Onions, and they are moving well.

## Potatoes

Local Potatoes in all colours and sizes are available- white, yellow & red. PEI new crop baking Potatoes have started and quality is great! New crop Sweet Potatoes from the USA are also available- skin is appearing lighter than usual due to the freshness of the crop.



Thanksgiving ready!



Get your Sweet Potatoes in time for the Thanksgiving long weekend! With endless ways to enjoy these, there's something for everyone. Bruce Sweet Potato is committed to delivering fresh, top-quality Potatoes from farm to table.



Perfect side dish!