

### APPLES AND PEARS

Imported fruit will see a very strong market for most of the 2018 season due to rising FOBs.

#### Available Varieties - Apples:

- Ambrosia (NS)
- Cortland (NS)
- Empire (ON)
- Honeycrisp (ON & NS)
- Granny Smith (USA)
- JAZZ (Washington New Crop)
- Macintosh (ON)
- Pink Lady (USA)
- Royal Gala (ON & USA)
- Red Delicious (ON & USA)
- Spartan (ON)
- SweeTango (NS)
- Golden Delicious (ON & USA)

#### Available varieties - Pears:

- Abate
- Anjou
- Bartlett (price up)
- Bosc (short)
- Forelle

### GRAPES

Fresh arrivals out of both Peru and Chile are available now.

### MELON

Cantaloupes and Honeydews are in full swing out of Central America. Fruit eats very nicely and all sizes are available.

### PERSIMMONS

We have good availability on product from Spain. Our next arrival is due in another 2 weeks, but prices are expected to be up.

### Kiwi

Italian Gold and Green Kiwi are still available. Quality remains very good and fruit eats nicely.

### PINEAPPLES

Quality continues to be good. Fruit out of Costa Rica is arriving clean, with good colour and a high sugar content (14+ brix). Volume and prices will remain the same through January. We do have ad volume as we enter February.

### MANGOES

The weather has been favourable in Brazil and Peru. We continue to have good volume on the small sizes. Also we will see Ataulfo from Mexico start in early February. We will be into a small Ecuador program with clean fruit in week 4.

### BANANAS

The market is tightening up and we are seeing some delays in Honduras which is impacting global supply. Prices have risen for the new year and expect to stay high until spring.



# GOOD BUY

Blackberries  
Cabbage  
Cantaloupe  
Clementines  
Honeydew  
Kiwi  
Lemons  
Lettuce - Iceberg  
Oranges  
Pineapple  
Squashes

## LIMES

Mexico is slow with production as they get back from holidays. Product is still pricey but expected to drop weekly as product is plentiful and crews are expected to harvest full time again.

## SWEET LIMES

Our Sweet Lime program has started and we will have continuous supply through April.

## ORANGES

California Navels continue in good supply this week. Prices on smaller fruit is still stronger than larger fruit. We will see an inverted market for a while now. We are also receiving more 15kg Spanish Navels this again weekend.

## BLOOD ORANGES

Blood Oranges are finally here and quality and supplies are good.

## MINNEOLAS

Our first load of Minneolas is due to arrive on January 5th. Always in top notch quality!

## CLEMENTINES

We have lots of Spanish stem & leaf fruit to promote; see your sales rep for pricing and promotional opportunities! We also have California fruit arriving for the weekend.

## JUICE ORANGES

The market remains steady as we switch from Hamlins to the mid-season varieties. Look for

pricing to move up in February when we start with Valencias.

## GRAPEFRUIT

The market in Florida has eased off and we are seeing a steady supply of fruit. Look for both quality and pricing to improve.

## TANGERINES

Autumn Honey Tangerines are done and we will start with a small crop of Honey Tangerines by the week of January 22nd. We should have a few Shiranhui Mandarins next week.

## STRAWBERRIES

The market in Florida has been tight due to weather conditions. No relief in sight for another two to three weeks.

## RASPBERRIES

Strong market from Mexico this week. Quality is good as always.

## BLACKBERRIES

The market is flat this week out of Mexico.

## BLUEBERRIES

Volume is easing off out of Chile. More containers will come in over the next few weeks.

## AVOCADOS

Look to see all sizes of avocados go up in price as we get into the New Year. Freight costs plus increased costs in the field are the main reasons for the increases. Demand for Mexican avocados is usually quite strong in January. Check out our ripe 16 and 48 sizes.



## **FIELD TOMATOES**

Unfortunately, due to weather implications, it is expected there will be low volume for another 3-4 weeks.

## **ROMA TOMATOES**

On a brighter side, roma tomatoes are relatively strong and the market is looking good.

## **BROCCOLI**

Right now, broccoli is very strong with limited quantities.

## **CAULIFLOWER**

Pricing has remained very strong in the New Year; no changes to report.

## **ONIONS**

Onions are continuing to rise after the holiday demand.

## **CORN**

Corn from Florida are stronger due to cool weather conditions in Florida.

## **EGGPLANTS**

Eggplants are available and relatively steady.



## ZUCCHINI

Cooler weather in Florida and Mexico has slowed production; market remains strong.

## ASPARAGUS

Production in Peru has peaked and has started to slow. The market will continue to strengthen until Mexico begins in late February.

## PEPPERS

Peppers are now stronger because of the weather.

## CUCUMBER

Ontario is winding down and Mexican has started with some volume.

## LETTUCE

Iceberg Lettuce is fairly steady this week with good supply. Romaine and leaf items are slightly stronger this week.

## SPINACH AND GREENS

The market is strong on leafy greens out of Texas and Mexico as cooler weather has slowed production.

## CARROTS

Carrots are the same as last week. Jumbo carrots will be available and prices will be up as well.

## POTATOES

Washington White Potatoes are done and California white potatoes are available now. Red and yellow varieties will continue with good supply. A new addition, BC white potatoes, from Western Canada are available in limited quantity.

## SQUASH

All squashes are in very good supply right now but the market is slightly stronger.

## CABBAGE

Good supply on Green, Red and Savoy Cabbage. The market is a little stronger this week.

## CELERY

The market for celery is very steady continuing on from the holidays.

- \* Anise
- \* Artichoke
- \* Coconut
- \* Dressings, Dips
- \* Eddoes
- \* Endive & Escarole
- \* Garlic
- \* Ginger Root
- \* Herbs
- \* Okra
- \* Papaya
- \* Rapini
- \* Sugar Cane
- \* Turnip
- \* Watercress

MISC  
OFFERS